



**Pocono Family YMCA Swim Team**  
 809 Main Street, Stroudsburg, PA  
 www.pfyswim.org



MIDDLE  
ATLANTIC  
SWIMMING



## Swimmer Code of Conduct

*Required to be turned in before 1st Penn Del League YMCA Meet*

The following Code of Conduct must be read and signed annually by all PFY swimmers and their parents.

### Expected Behavior:

1. Act and conduct myself with dignity and respect for others and the property of others.
2. Always practice and teach good sportsmanship.
3. Promote positive high team spirit and morale.
4. Offer congratulations to my opponents, win or lose, and to cheer on my teammates.
5. Be a responsible goodwill ambassador between the sport of swimming and the public, as well as representing the Pocono Family YMCA in the appropriate manner.
6. Follow team rules which are posted on team web site.

### Prohibited Behavior:

1. Use of alcoholic beverages.
2. Use of illegal drugs.
3. Smoking or other use of tobacco products.
4. Destructive behavior, including defacing lockers in any locker room.
5. Inappropriate or unruly behavior, including failure to adhere to team standards.
6. Theft or vandalism of any kind

### Signatures:

I have read the Pocono Family YMCA Swimming Code of Conduct and agree to abide by its provisions. If I do not abide by these provisions a meeting will occur between swimmer (s), parent(s), Head Coach, and if necessary YMCA Senior Program Director and/or CEO or to determine exact outcome, which could include removal from the PFY Swimming Program.

\_\_\_\_\_  
Signature of Swimmer

\_\_\_\_\_  
Date

I have read the Pocono Family YMCA Competitive Swimming Code of Conduct and agree to abide by its provisions.

\_\_\_\_\_  
Signature of Parents

\_\_\_\_\_  
Date