



**GREATER SCRANTON YMCA STINGRAYS
PRESENTS
THE HOLIDAY CLASSIC
SATURDAY, DECEMBER 27TH, 2008**

- Location:** Greater Scranton YMCA
706 N. Blakely Street
Dunmore, Pa 18512
- Meet Directors:** Diana Dempsey 570-342-8115 fax# 570-342-8205 e-mail: dsdemp@aol.com
- Meet Admission:** Adults: \$2.00
Programs: \$2.00
Children under 12 years free
- Meet Rules:** The Holiday Classic Meet is run under current USA Swimming Technical Rules with one modification-one false start will be allowed. All events will be timed finals. There will be a scratch meeting before the start of each session. **The scratch meeting is for scratches ONLY. No other changes will be made.** It will be the responsibility of the Coach/Team Representative to see that their swimmers have checked into the seeding area.
- Meet Entries:** Each swimmer may participate in a maximum of five (5) individual events. There will be no limit to the number of relay events a swimmer may enter. Individual entries must be submitted on the form below. NT may be used if no seed time is available. Teams may enter using Hy-Tek Team Manager (preferred), please send a CD with a hard copy backup, along with entry fees. Team Manager entry file can also be e-mailed to dsdemp@aol.com The meet director reserves the right to limit the number of entries. Coach's packets will be available to teams of 5 swimmers or more. **NO DECK ENTRIES**
- Age:** The swimmer's age the day of the meet will determine the age group he/she may enter.
- Age Groups:** 6 & under, 7-8, 9-10, 11-12, 13-14, Open
- Entry Fees:** \$4.00 per individual event/\$16.00 per relay team. Please send one check for the total amount of your team entry. Make checks payable to: **Greater Scranton YMCA**. Entry packages and checks should be sent to:
Greater Scranton YMCA
ATTN: Diana Dempsey
706 N. Blakely Street
Dunmore, Pa 18512
570-342-8115
Fax #: 570-342-8205
E-mail: dsdemp@aol.com
- Entry Deadline:** Entries must be RECEIVED no later than **Friday, December 19th, 2008**. Your entry will not be accepted unless a check for the entire amount due is attached. E-mail entries will be accepted, checks must be received on or before the closing date.
- Awards:** Individual events: Medals for the top three finishers.
Ribbons for four through twelve places.

Relay events: Medals for the top three finishers.
Team trophies will be awarded to the top three teams. The Scranton YMCA is excluded from the team trophy. High point trophies will also be awarded to the top finisher Male/Female in all age groups represented.

Final Results: Final results will be posted on www.gsyswimming.org

Scoring: Points for individual events: 7-5-4-3-2-1
Points for relays: 14-10-8

Safety Notice: **There will be limited diving and backstroke starts from the starting blocks during warm-up. This will take place in the sprint lanes and only when announced.**

Facilities: The Greater Scranton YMCA facility is a six (6) lane, 25-yard pool with anti-turbulent lane markers. We will be using Colorado Timing System 5. Off-deck spectator seating. Team seating areas will be designated in the gym. Each team is responsible for their area's trash cleanup. Any damage that is done to the facility will be the sole responsibility of the team in that area. A concession stand will be provided with a wide assortment of food items.

<u>Schedule:</u>	<u>AM SESSION: 6&U, 7-8, 9-10</u>	<u>PM SESSION: 11/12, 13/14 & OPEN</u>
	Am Session Warm-ups: 8:00 am	PM Session Warm-ups: 1:00 pm
	Scratch Meeting: 8:30 am	Scratch Meeting: 1:30 pm
	Meet Begins: 9:00 am	Meet Begins: 2:00 pm

Directions: **FROM THE NORTH:**
Interstate 81 South
Exit 188
At the end of the ramp, continue to the traffic light
Turn left at the traffic light (Burger King)
At the first stop sign you must go either right or left. Bear left.
The YMCA parking lot is on the right.

FROM THE SOUTH:
Interstate 81 North
Take the second Dunmore Exit. Exit 188
When you come to the end of the exit ramp, turn left toward Dunmore.
Travel over Interstate 81.
Turn left at the 2nd traffic light (Burger King)
At the first stop sign you must go either right or left. Bear left.
The YMCA parking lot is on the right.

The YMCA shares a large parking area with Friendly's restaurant, but our area is on the right. The YMCA is the large brown brick building with the red stripe around the top. If you get lost, please call the YMCA at **342-8115**

Lodging: Sleep Inn, 102 Monahan Ave., Dunmore: 570-961-1116
Holiday Inn Scranton East, 200 Tigue St. Dunmore: 570-343-4771
Days Inn, O'Neill Highway, Dunmore: 570-348-6101

**GREATER SCRANTON YMCA
STINGRAYS
Holiday Classic
AM Session: 6&U, 7/8, 9/10
Warm up 8:00 am Meet begins 9:00 am**

GIRLS EVENT #	AGE GROUP	EVENT NAME	BOYS EVENT #
1	9/10	Mixed 200 Medley Relay	
2	8& Under	Mixed 100 Medley Relay	
3	6 & Under	25 Free	4
5	7/8	25 Free	6
7	9/10	50 Free	8
9	6 & Under	100 IM	10
11	7/8	100 IM	12
13	9/10	100 IM	14
15	6& Under	25 Fly	16
17	7/8	25 Fly	18
19	9/10	50 Fly	20
21	6&Under	50 Free	22
23	7/8	50 Free	24
25	9/10	100 Free	26
27	6&Under	25 Back	28
29	7/8	25 Back	30
31	9/10	50 Back	32
33	6&Under	25 Breast	34
35	7/8	25 Breast	36
37	9/10	50 Breast	38
39	8&Under	Mixed 100 Free Relay	
40	9/10	Mixed 200 Free Relay	

**GREATER SCRANTON YMCA
STINGRAYS
Holiday Classic
PM Session: 11/12, 13/14 & Open
Warm up 1:00 pm Meet begins 2:00 pm**

41	11/12	Mixed 200 Medley Relay	
42	13/14	Mixed 200 Medley Relay	
43	Open	Mixed 200 Medley Relay	
44	Open	200 Free	45
46	11/12	50 Free	47
48	13/14	50 Free	49
50	Open	50 Free	51
52	11/12	100 IM	53
54	13/14	200 IM	55
56	Open	200 IM	57
58	11/12	50 Fly	59
60	13/14	100 Fly	61
62	Open	100 Fly	63
64	11/12	100 Free	65
66	13/14	100 Free	67
68	Open	100 Free	69
70	11/12	50 Back	71
72	13/14	100 Back	73
74	Open	100 Back	75
76	11/12	50 Breast	77
78	13/14	100 Breast	79
80	Open	100 Breast	81
82	11/12	Mixed 200 Free Relay	
83	13/14	Mixed 200 Free Relay	
84	Open	Mixed 200 Free Relay	

10 Minute Break

85	Mixed Open	*500 Free	
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* The YMCA will provide lap counters, but the swimmers must provide their own person to turn the counter for their lane.

Individual Meet Entry Form

Name: _____ Team: _____

DOB: ___/___/___ Age (Day of Meet): _____ Gender (M/F): _____

Phone # (day): _____ (evening): _____ E-mail: _____

Age Group (circle one): 6 & U 7-8 9-10 11-12 13-14 Open

Each Swimmer is permitted to swim any five (5) individual events plus unlimited relays. (Relays are permitted to be mixed by gender)

Entry fees are \$4.00 per individual event and \$16.00 per relay team.

Individual Events Entries:

(Please enter NT if a seed time is unknown. NT swimmers will be seeded in the slowest heat)

EVENT #	EVENT NAME	SEED TIME

Relay Event Entries for: _____ (team)

Relay Event #: _____ Relay Name: _____ Seed Time: _____ Age Group: _____

1st Swimmer: _____ 2nd Swimmer: _____

3rd Swimmer: _____ 4th Swimmer: _____

Relay Event #: _____ Relay Name: _____ Seed Time: _____ Age Group: _____

1st Swimmer: _____ 2nd Swimmer: _____

3rd Swimmer: _____ 4th Swimmer: _____

Relay Event #: _____ Relay Name: _____ Seed Time: _____ Age Group: _____

1st Swimmer: _____ 2nd Swimmer: _____

3rd Swimmer: _____ 4th Swimmer: _____

Relay Event #: _____ Relay Name: _____ Seed Time: _____ Age Group: _____

1st Swimmer: _____ 2nd Swimmer: _____

3rd Swimmer: _____ 4th Swimmer: _____

Relay Event #: _____ Relay Name: _____ Seed Time: _____ Age Group: _____

1st Swimmer: _____ 2nd Swimmer: _____

3rd Swimmer: _____ 4th Swimmer: _____

**Greater Scranton YMCA Stingrays
Holiday Classic
Entry Summary**

Team Name: _____ Team Code (abbreviation): _____

Team Coach/Rep: _____ Phone #: _____ (day)

E-mail: _____ (evening)

Number of Individual Entries: _____ X \$4.00 = \$ _____

Number of Relay Entries: _____ X \$16.00 = \$ _____

Total \$ _____

Check Number _____

Make Checks payable to: Greater Scranton YMCA

Entries Due: **Friday, December 19th, 2008**

Send Entries to:
Greater Scranton YMCA
ATTN: Diana Dempsey
706 N. Blakely Street
Dunmore, Pa 18512
570-342-8115
dsdemp@aol.com