

**IMPORTANT
ANNOUNCEMENT**



**OUR 7TH ANNUAL
SUMMER SWIM TEAM
"KICK OFF" MEET
MONDAY JUNE 23RD - 8:00AM
@ STROUDSBURG PARK POOL**

Attention swimmers and parents this is an important event that everyone should attend. This will allow the swimmers and the parents to have a practice meet before the real thing. We will need Parental participation to run this meet just like all others. This will be a great opportunity to learn how to be a timer or a runner if you haven't yet. **Rookie parents here is your chance!!** Please use our online meet entry form for sign ups. (<http://pfyswim.org/meets/>)

When: Wednesday, June 23, 2008
Time: 8am warm ups (8:30 Meet Start)(Meet Will end by 10:30am)
Where: Stroudsburg Park Pool
Volunteers: Sign Up using our Team Online Worker Form
Swimmers: Choose 4-6 events. (LAST 2 EVENTS WILL BE TIME PERMITTING)

Order of Events

Boys & Girls (MIXED)	Events
1	15-19 50 Free
2	13-14 50 Free
3	11-12 50 Free
4	9-10 25 Free
5	8 & under 25 Free
6	15-19 50 Fly
7	13-14 50 Fly
8	11-12 25 Fly
9	9-10 25 Fly
10	8 & under 25 Fly
11	15-19 50 Back
12	13-14 50 Back
13	11-12 25 Back
14	9-10 25 Back
15	8 & under 25 Back
16	15-19 50 Breast
17	13-14 50 Breast
18	11-12 25 Breast
19	9-10 25 Breast
20	8 & under 25 Breast
21	Open 100 IM
22	Open 100 Free

Swimmers Name _____ Event#: _____ Event#: _____ Event#: _____ Event#: _____

Age Group (circle one): 8 & under 9&10 11&12 13&14 15&up

Return to Coach Mike no later than Sunday, June 22, 2008
(THERE WILL BE NO DECK ENTRIES!)

**Sign Ups can be done online through our team's online meet entry form
 (<http://pfyswim.org/meets/>)**