

SEASON CHECKLIST

- Sign Up – Program Sign Up & YMCA Membership

- Swimmer Code of Conduct
- Parent Code of Conduct

- Order Equipment
- Order Team Suit

- Verify Practice Group
- Schedule to attend recommended/required practices for assigned group
- Connect with your Age Group Parent

- Train for meet position
- Sign up for a committee

- Schedule Meets – dual meets, PFY invitationals, Champs
- Sign up for Meets
- Meet Attendance
- What to bring to a meet

- Parent Contribution (Hours)

- Schedule Host Championships
- Sign up for USA Swimming (optional)
- Attend Season Orientation/Pep Rally
- Stay Informed – web site – email – bulletin board
- Goals Workshop
- Shutter fly
- Be Involved
- Be Positive
- Participate in Activities
- Season Banquet
- Feedback and Ideas