



Wilkes-Barre Family YMCA
34th ANNUAL SWIM YOUR OWN AGE
ST. PATRICK'S MEET
Saturday, February 21, 2009
Wilkes-Barre, Pa.

WARM UP:

11:15AM-12:30PM
Meet starts 12:35PM

RULES:

The Current USA stroke & turn rules.
Timed finals.

ENTRIES:

Swimmers may enter a maximum of 5 individual events. Individual entries must be submitted on the form below, NT may be used if no time is available. Teams may enter using Hy-Tek Team Manager (preferred), please send a disk with a hard copy backup, along with entry fees. One relay event per swimmer

ENTRY FEES:

\$4.00 per event. Make checks payable:
"Wilkes-Barre YMCA Swim Team"
No charge for Relay

FACILITIES:

Six lane 25 yard pool, with anti turbulent lane markers. Colorado Timing System.

AWARDS:

1st-3rd Rosettes (Individual)
4th-12th place ribbons (Individual)
High Point Male/Female each age
Heat Winner Ribbons

MEET DIRECTOR:

Tammy Lalli (570) 823-2191 ext. 151
tammy.lalli@wbymca.org

ENTRIES CLOSE:

All entries must be received by Monday, February 16, 2009. NO PHONE OR FAX ENTRIES. Meet director reserves the right to limit entries in order to complete the meet in a timely and safe manner.

ELIGIBILITY:

The age of the swimmer, on the day of meet, will determine the age he/she may enter.

OTHER:

There will be a limited variety of swim apparel Provided by Action Accents. Concession stand will be available throughout the meet. Having the luck of the Irish is optional.

MAIL ENTRIES TO:

Wilkes-Barre Family YMCA/St. Pat's Meet
40 W. Northampton St.
Wilkes-Barre, PA 18701

HOTEL ACCOMODATIONS:

Econo Lodge (570) 823-0600
Ramada Plaza (570) 824-7100

ADMISSION

Adult - \$2.00
Children under 12 and all swimmers are free.
Programs - \$2.50

34th Annual ST. PAT'S MEET-Saturday, February 21, 2009

<u>EVENT</u>	<u>AGE GROUP</u>	<u>GIRLS</u>	<u>BOYS</u>	<u>EVENT</u>	<u>AGE GROUP</u>	<u>GIRLS</u>	<u>BOYS</u>
25 FREE	6 & UNDER	1	2	25 FLY	6 & UNDER	43	44
25 FREE	7	3	4	25 FLY	7	45	46
25 FREE	8	5	6	25 FLY	8	47	48
25 FREE	9	7	8	25 FLY	9	49	50
50 FREE	10	9	10	50 FLY	10	51	52
50 FREE	11	11	12	50 FLY	11	53	54
50 FREE	12	13	14	50 FLY	12	55	56
25 BACK	6 & UNDER	15	16	25 BREAST	6 & UNDER	57	58
25 BACK	7	17	18	25 BREAST	7	59	60
25 BACK	8	19	20	25 BREAST	8	61	62
25 BACK	9	21	22	25 BREAST	9	63	64
50 BACK	10	23	24	50 BREAST	10	65	66
50 BACK	11	25	26	50 BREAST	11	67	68
50 BACK	12	27	28	50 BREAST	12	69	70
100 I.M.	6 & UNDER	29	30	50 FREE	6 & UNDER	71	72
100 I.M.	7	31	32	50 FREE	7	73	74
100 I.M.	8	33	34	50 FREE	8	75	76
100 I.M.	9	35	36	50 FREE	9	77	78
100 I.M.	10	37	38	100 FREE	10	79	80
100 I.M.	11	39	40	100 FREE	11	81	82
100 I.M.	12	41	42	100 FREE	12	83	84
				100 Free Relay	8 & Under Mixed	85	
				200 Free Relay	9 & 10 Mixed	86	
				200 Free Relay	11 & 12 Mixed	87	

DIRECTIONS:

W-B YMCA is on the corner of W. Northampton St. and S. Franklin Streets in downtown Wilkes-Barre. The entrance way is on S. Franklin side of the building. There are two Park and Lock lots available (one on W. Northampton St. and one on E. Northampton St.).

From the PA Turnpike:

Take Exit 36 (Bear Creek) to Route 115 North to Exit 3 (River Street). Turn Left onto River Street, proceed approximately 1.8 miles, turn left onto W. Northampton. YMCA is on the right.

From Interstate 81:

Take Exit 165 to 309 (Business) North. Pass the K-Mart and then take your first right (approx. 0.3 miles past K-Mart). Take left at stop sign onto E. Northampton. YMCA is approximately 1.3 miles on your left.



INDIVIDUAL ENTRY FORM -ST. PAT'S MEET

In consideration of your acceptance of this entry, I hereby for myself, my heirs and assignees waive any and all claims for damages which I might have against Wilkes-Barre Family YMCA or their agents or representatives for any and all injuries suffered by me in or at said meet.

Signature: _____ Date: _____
Parent or Guardian

Swimmer's name: _____

Swim Club: _____

Date of birth: _____ Current age (as of 2/21/09): _____

Address: _____
Street City State Zip

Telephone: _____ Email: _____ Age group: _____ Sex: _____
(B/G)



Event #	Event Name	Seed Time*
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Number of events entered _____ @ \$4.00 each=\$_____ (Payable to: WB YMCA)

Times must be in yards (not meters) to 1/100 of a second

In order to successfully run a meet of this size, the Wilkes-Barre Family YMCA Dolphins Swim Team needs extra officials. If you can help out, please indicate below. **THANK YOU!!!**

I would like to help out during the meet. I can help out with the following jobs:

_____ Stroke and turn _____ Timer

Name: _____ Telephone: _____ Email: _____

ENTRIES MUST BE RECEIVED BY FEBRUARY 16, 2009

Mail to: Wilkes-Barre Family YMCA, 40 W. Northampton Street, Wilkes-Barre, PA 18701
 Attn: ST. PATRICK'S MEET