



We build strong kids, strong families, strong communities.

Pocono Family YMCA

“SNOW PLOW” Invitational

Saturday February 16th 2008

LOCATION	East Stroudsburg School District (North Campus), Bushkill Pa. Lehman Intermediate School
FACILITIES	6 Lane, 25 yard, Entry Depth 9 Feet, Anti-Wave Lane Lines, Colorado Timing System, Touch Pads at both ends of pool. Paragon Starting Platforms, Hi-Tek Software, Spectator seating is separate balcony seating for 500, Parking capacity well over 700, Snack Bar will be available.
MEET DIRECTOR	Sonia Wolbert – 570-856-3355 or entries@pfyswim.org
ELIGIBILITY	Open to all YMCA, USA Swimming, or Club Teams. Age groups are set by swimmer's age as of (2/16/08) Swimmers are limited to 5 Events.
ENTRY LIMITATIONS	The Meet Director reserves the right to limit entries, events or heats, or to modify the meet format due to time or space constraints. *Refunds only apply to entries cancelled by the Meet Director.
WARM-UP & START TIMES	Warm Up 11:00am Meet Start Time 12:00noon
DECK ENTRIES	Subject to space availability, and at the discretion of the Meet Director, deck entries will be accepted prior to the start of meet but no later than 11:15 pm at the cost of \$6.00 per event. Deck-entered swimmers will compete unofficially; the achieved time is official, but will not score in the meet for points or awards. To enter, please visit the sign in table by 11:15 pm.
SWIMMERS WITHOUT COACH	Swimmers unaccompanied by a coach should report to the Meet Director before the warm-up begins.
SEEDING	All events are pre-seeded timed finals. All events will be seeded by time not age group, but all scoring and placing will be by age group.
HOW TO ENTER	Entries may be submitted using Hy-Tek software. Entry times must be submitted in yards. All supporting paperwork must accompany all entries.
ENTRY FEES	\$3.50 per event.
SEND ENTRIES TO	Sonia Wolbert 277 Prospect Street East Stroudsburg PA 18301 Phone: 570-856-3355, Fax: 570-422-6708 Entries may be emailed to entries@pfyswim.org in Team Manger format only. Check must be received by due date. Make checks payable to PFY Swim Team
ENTRY DEADLINE	Monday, February 11th 2008 by 6:00 PM. No late entries will be accepted.

Snow Plow Invitational Meet – Feb 16th 2008
Pocono Family YMCA Swim Team
809 Main Street Stroudsburg Pa. 18360
Phone: 570-421-2525 ext. 320 Fax: 570-422-6708
www.pfyswim.org



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RULES	This meet will be conducted according to current USA Swimming Rules.
SCORING & AWARDS	Medals – 1st – 3rd and Ribbons 4th – 10th High Point Trophies will be awarded for each age group. Heat Winner Ribbons will also be given out in each heat. <i>All awards are by age group.</i>
PROGRAMS & ADMISSION	Programs \$4.00 Admission Free.
RESULTS	Results will be posted on the Pocono Piranhas Web Site. www.pfyswim.org and emailed to teams after meet.
DIRECTIONS	Coming From South: From I-80 exit 309. 209N to light make right onto Bus. 209N past Fernwood to left onto Bushkill Falls Road (blinker light). Follow Bushkill Falls Road to school on left hand side (approx 6 miles). OR From I-80 exit 309. 209N to light make right onto Bus. 209N to first light make left onto 402 N. Follow to left on Bushkill Falls Rd school will be on right. Coming From North: I 84 to 402 South to School, which is on left. Follow to right on Bushkill Falls Rd school will be on right
ACCOMODATIONS	Budget Motel – 570-424-5451 (www.budmotel.com) Super 8 Motel – 570-424-7411 Ferwood – 570-588-9500

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SWIMMERS INDIVIDUAL ENTRY FORMS

All events are pre-seeded timed finals.
Make copies for each swimmer as needed.

Swimmers Last Name: Swimmers First Name: MI

Team Name: Team Code: Date of Birth: Sex:

Table with columns: Girls Event #, Age, Distance, Description, Boys Event #, Entry Time in Yards. Rows 1-59 listing various swimming events.



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61	9-10	50	Yard	Backstroke	62	
63	11-12	50	Yard	Backstroke	64	
65	13-14	100	Yard	Backstroke	66	
67	Open	200	Yard	Backstroke	68	
69	6 & Under	25	Yard	Breaststroke	70	
71	7-8	25	Yard	Breaststroke	72	
73	9-10	50	Yard	Breaststroke	74	
75	11-12	50	Yard	Breaststroke	76	
77	13-14	100	Yard	Breaststroke	78	
79	Open	200	Yard	Breaststroke	80	
* If no time in the event, list NT						

\$ 3.50 per individual event, * Please circle the entered events**

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TEAM INFORMATION AND MEET ENTRY SUMMARY

Team Name: _____ Team Code: _____

Contact Person: _____ Phone # _____

Coaches Name: _____ Phone # _____

Email Address: _____ Team Web Address: _____

Address: _____

City: _____ State: _____ Zip: _____

Total number of **Individual** entries: _____ x \$3.50 = _____

Total Amount Included: \$ _____