



**GREATER SCRANTON YMCA STINGRAYS
PRESENTS
THE HOLIDAY CLASSIC
SATURDAY, DECEMBER 29TH, 2007**

- Location:** Greater Scranton YMCA
706 N. Blakely Street
Dunmore, Pa 18512
- Meet Directors:** Diana Dempsey 570-342-8115 fax# 570-342-8205 e-mail: dsdemps@aol.com
- Meet Admission:** Adults: \$2.00
Programs: \$2.00
Children under 12 years free
- Meet Rules:** The Holiday Classic Meet is run under current USA Swimming Technical Rules with one modification-one false start will be allowed. All events will be timed finals. There will be a scratch meeting before the start of meet. **The scratch meeting is for scratches ONLY. No other changes will be made.** It will be the responsibility of the Coach/Team Representative to see that their swimmers have checked into the seeding area.
- Meet Entries:** Each swimmer may participate in a maximum of five (5) individual events. There will be no limit to the number of relay events a swimmer may enter. Individual entries must be submitted on the form below. NT may be used if no seed time is available. Teams may enter using Hy-Tek Team Manager (preferred), please send a CD with a hard copy backup, along with entry fees. Entries can also be e-mailed to dsdemps@aol.com The meet director reserves the right to limit the number of entries. Coach's packets will be available to teams of 5 swimmers or more. **NO DECK ENTRIES**
- Age:** The swimmer's age the day of the meet will determine the age group he/she may enter.
- Age Groups:** 6 & under, 7-8, 9-10, 11-12, 13-14, 15-18
- Entry Fees:** \$3.50 per individual event/\$14.00 per relay team. Please send one check for the total amount of your team entry. Make checks payable to: **Greater Scranton YMCA**. Entry packages and checks should be sent to:
Greater Scranton YMCA
ATTN: Diana Dempsey
706 N. Blakely Street
Dunmore, Pa 18512
570-342-8115
Fax #: 570-342-8205
E-mail: dsdemps@aol.com
- Entry Deadline:** Entries must be RECEIVED no later than **Friday, December 21st, 2007**. Your entry will not be accepted unless a check for the entire amount due is attached. E-mail entries will be accepted, checks must be received on or before the closing date.
- Awards:** Individual events: Medals for the top three finishers.
Ribbons for fourth through eighth place.

Relay events: Medals for the top three finishers.
Team trophies will be awarded to the top three teams. The Scranton YMCA is excluded from the team trophy. High point trophies will also be awarded to the top finisher Male/Female in all age groups represented.

Final Results: Final results will be posted on www.greaterscrantonyymca.com Please click on aquatics, then competitive swimming.

Scoring: Points for individual events: 7-5-4-3-2-1
Points for relays: 14-10-8

Safety Notice: **There will be limited Diving and backstroke starts from the starting blocks during warm-up. This will take place in the sprint lanes and only when announced.**

Facilities: The Greater Scranton YMCA facility is a six (6) lane, 25-yard pool with anti-turbulent lane markers. We will be using Colorado Timing System 5. Off-deck spectator seating. Team seating areas will be designated in the gym. Each team is responsible for their area's trash cleanup. Any damage that is done to the facility will be the sole responsibility of the team in that area. A concession stand will be provided with a wide assortment of food items.

Schedule: Building opens: 8:00 am
Warm-ups: 9:00 am
Scratch Meeting: 9:30 am
Meet Begins: 10:00 am

Directions: **FROM THE NORTH:**

- Interstate 81 South
- Exit 188
- At the end of the ramp, continue to the traffic light
- Turn left at the traffic light (Burger King)
- At the first stop sign you must go either right or left. Bear left.
- The YMCA parking lot is on the right.

FROM THE SOUTH:

- Interstate 81 North
- Take the second Dunmore Exit. Exit 188
- When you come to the end of the exit ramp, turn left toward Dunmore.
- Travel over Interstate 81.
- Turn left at the 2nd traffic light (Burger King)
- At the first stop sign you must go either right or left. Bear left.
- The YMCA parking lot is on the right.

The YMCA shares a large parking area with Friendly's restaurant, but our area is on the right. The YMCA is the large brown brick building with the red stripe around the top. If you get lost, please call the YMCA at **342-8115**

Lodging: Sleep Inn, 102 Monahan Ave., Dunmore: 570-961-1116
Holiday Inn Scranton East, 200 Tigue St. Dunmore: 570-343-4771
Days Inn, O'Neill Highway, Dunmore: 570-348-6101

**GREATER SCRANTON YMCA
STINGRAYS
Holiday Classic
Warm up 9:00 am Meet begins 10:00 am**

GIRLS EVENT #	AGE GROUP	EVENT NAME	BOYS EVENT #
1	15 & Over	Mixed 200 Medley Relay	
2	13-14	Mixed 200 Medley Relay	
3	11-12	Mixed 200 Medley Relay	
4	9-10	Mixed 200 Medley Relay	
5	8 & Under	Mixed 100 Medley Relay	
6	15 & Over	200 Free	7
8	13-14	200 Free	9
10	11-12	100 Free	11
12	9-10	50 Free	13
14	6 & Under	25 Free	15
16	7-8	25 Free	17
18	11-12	50 Free	19
20	13-14	50 Free	21
22	15 & Over	50 Free	23

24	8 & Under	100 IM	25
26	9-10	100 IM	27
28	11-12	100 IM	29
30	13-14	200 IM	31
32	15 & Over	200 IM	33
34	6 & Under	25 Fly	35
36	7-8	25 Fly	37
38	9-10	50 Fly	39
40	11-12	50 Fly	41
42	13-14	100 Fly	43
44	15 & Over	100 Fly	45

10 Minute Break

46	6 & Under	50 Free	47
48	7-8	50 Free	49
50	9-10	100 Freestyle	51
52	13-14	100 Freestyle	53
54	15 & Over	100 Freestyle	55
56	6 & Under	25 Backstroke	57
58	7-8	25 Backstroke	59
60	9-10	50 Backstroke	61
62	11-12	50 Backstroke	63
64	13-14	50 Backstroke	65
66	15 & Over	100 Backstroke	67
68	6 & Under	25 Breaststroke	69
70	7-8	25 Breaststroke	71
72	9-10	50 Breaststroke	73

74	11-12	50 Breaststroke	75
76	13-14	100 Breaststroke	77
78	15 & Over	100 Breaststroke	79

80	Mixed 8 & Under	100 Free Relay	
81	Mixed 9-10	200 Free Relay	
82	Mixed 11-12	200 Free Relay	
83	Mixed 13-14	200 Free Relay	
84	Mixed 15 & Over	200 Free Relay	

10 Minute Break

85	Mixed Open	*500 Free	
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* The YMCA will provide lap counters, but the swimmers must provide their own person to turn the counter for their lane.

Individual Meet Entry Form

Name: _____ Team: _____

DOB: ___/___/___ Age (Day of Meet): _____ Gender (M/F): _____

Phone # (day): _____ (evening): _____ E-mail: _____

Age Group (circle one): 6 & U 7-8 9-10 11-12 13-14 15 & Over

Each Swimmer is permitted to swim any five (5) individual events plus unlimited relays. (Relays are permitted to be mixed by gender)

Entry fees are \$3.50 per individual event and \$14.00 per relay team.

Individual Events Entries:

(Please enter NT if a seed time is unknown. NT swimmers will be seeded in the slowest heat)

EVENT #	EVENT NAME	SEED TIME

Relay Event Entries:

Relay Event #: _____ Relay Name: _____ Seed Time: _____ Age Group: _____

1st Swimmer: _____ 2nd Swimmer: _____

3rd Swimmer: _____ 4th Swimmer: _____

