

PARKLAND AQUATIC CLUB

1st Annual PAAC SPLASH

12&Under and Mini A/BB/C Invitational Meet

February 15, 2009

Held under the Sanction of USA Swimming
Sanctioned by Middle Atlantic Swimming, Inc.
Sanction # MA 0965 A (9-12) and MA 0966 M (8 & under)

LOCATION	Parkland High School Aquatic Center 2700 Cedar Crest Blvd Allentown, PA 18104 Day of meet ONLY emergency phone: 610-698-4392
FACILITIES	The PHS pool is an indoor Paddock, 25 yard, 8 lane pool with non-turbulent lane markers, Colorado Timing system with 8 line scoreboard display. Water depth at the starting end is 12 feet. An adjacent warm-up and warm-down pool is available for swimmers. Free parking, large seating capacity, concessions stand and swim equipment vendor are available.
MEET DIRECTOR	Barbara Poland/Lisa Amann: paacmeetdirector@hotmail.com 484-397-4092 (PAAC Office)
SAFETY DIRECTOR	Deb Bren: dbrendo@pol.net
OFFICIALS	Julie Pepper is the officials coordinator. jpepper@ptd.net Julie Pepper jpepper@ptd.net and Bill Trussell btrussell@aol.com are the meet referees.
ELIGIBILITY	This meet is open to all swimmers registered with USA Swimming. Swimmer's age as of February 15, 2009 will apply for the entire meet.
ENTRY LIMITATIONS	The Meet Director reserves the right to limit entries, events or heats, or to modify the meet format to conform with Middle Atlantic rules. Swimmers/teams eliminated from the meet due to time or space constraints will be given a full refund. Prompt notification will be made to swimmers or teams if changes impact their entries. Swimmers may swim in five individual events per session.
ORDER OF EVENTS	See attached sheet listing the order of events, event numbers, the starting times for each session and the warm-up schedule.
WARM-UP & START TIMES	Team lane assignments and warm-up schedule will be emailed and posted on maswim.org. Circle swimming only during warm-up until sprint lanes are opened. No diving is permitted during warm-up, except supervised diving in designated sprint lanes. When diving is permitted, swimmer must enter from the starting blocks and exit from the opposite end of the pool.
DECK ENTRIES	Subject to space availability, and at the discretion of the Meet Director, deck entries will be accepted on the day of the meet, prior to the start of each session, at the cost of \$8.00 per event. Swimmers not previously entered in the meet must provide proof of current USA Swimming registration. Deck-entered swimmers will compete unofficially; the achieved time is official, but will not score in the meet for points or awards. To enter, please see the MD before or during warm-ups.
SWIMMERS WITHOUT A COACH	Swimmers unaccompanied by a credentialed coach should report to the Meet Director before the warm-up for each session.

SEEDING	All events will be pre-seeded based on entry time.
HOW TO ENTER	<p>Electronic entries in a Hy-Tek Team Manager entry file are preferred.</p> <p><u>Entries may be sent via e-mail.</u> Include with your entry file a Team Manager report by entry (saved in Word for Windows format). In the body of your e-mail, provide the number of girls, boys and entries. Include contact information (name, address, phone and cell phone). Send to paacmeetdirector@hotmail.com. Send entry check separately. It must arrive by Jan. 30, 2009.</p> <p><u>Entries may be sent on a CD.</u> Include a Team Manager report by entry (saved in Word for Windows format); the PAAC Meet Summary Form and your payment. No Floppies</p> <p>Entries may be sent in using the PAAC Meet Entry Form(s). The PAAC Meet Summary Form and your payment. Times must be submitted in the course in which they were achieved, non-conforming times will be seeded according to USA Swimming rules.</p>
ENTRY FEES	Entry fee is \$4.00 per individual event and \$8.00 for a relay. There is a \$2.00 per swimmer surcharge for submission of 5 or more swimmers on a manual entry.
SEND ENTRIES TO	<p>Make entry fee payable to PAAC. Send entries to:</p> <p>Parkland Aquatic Club (PAAC) # 1 Tekpark / Suite 120 9999 Hamilton Boulevard Breinigsville, PA 18031 paacmeetdirector@hotmail.com</p> <p><u>Request signature waiver for UPS, Fed Ex or Express Mail.</u></p>
ENTRY DEADLINE	Entries must be received no later than January 30, 2009 at 6:00 PM. No late entries will be accepted.
RULES	<p>This meet will be conducted according to current USA Swimming rules. Middle Atlantic Swimming rules shall also apply. USA SWIMMING / MA SWIMMING SAFETY GUIDELINES AND WARM-UP PROCEDURES WILL BE IN EFFECT FOR THE ENTIRE MEET.</p> <p>Only currently credentialed coaches, USA Swimming registered athletes and essential meet personnel will be permitted on deck. This meet will be conducted using the Whistle command and No-Recall False Start procedures.</p> <p>Any swimmer observed swimming under or through the Bulkhead by an Official or Safety Monitor at the Meet will be disqualified from that swimmer's next Individual Event or from the remainder of the Meet, as determined by the Meet Referee. This policy will be strictly enforced</p> <p>Entries submitted must be swimmer's best verifiable USA Swimming time. Entry of time other than swimmer's best for any event may result in the swimmer's suspension from competition for a minimum of 3 months, but not more than 1 year.</p> <p>Any swimmer who is positively checked in for an event, and then does not swim that event, will be scratched from their next individual event. 'Fly-over' starts will be used at this meet for the 9/10 & 11/12 sessions. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun. Whistle command, supplemented with verbal commands, will be used for the 8 & Under sessions.</p>
SCORING & AWARDS	<p>9-12 swimmers: This meet will be scored at each level: A, BB and C for each event. The top eight times in each level will receive awards. 'A' individual entries: medals 1st to 3rd, ribbons 4th to 8th. 'BB' individual entries: rosettes 1st to 3rd, ribbons 4th to 8th. 'C' individual entries: ribbons 1st to 8th. Award levels determined by entry time.</p> <p>8 & under swimmers: Individual Events: 1st to 3rd – large rosettes; 4th through 12th – ribbons.</p>
PROGRAMS & ADMISSION	Program is \$10.00 for the entire meet. No admission fee is charged. A free heat sheet will be given to non-PAAC volunteers, if the meet director requests help in running the meet.
RESULTS	Results will be posted on the Middle Atlantic website at www.maswim.org .
DIRECTIONS	From the PA turnpike, Exit 33, take Route 22 east, exit onto Cedar Crest Blvd north. Travel north on Cedar Crest Blvd for approximately 1.9 miles. Parkland High School is on the left. The pool is on the left hand side of the complex. Park in the parking lot in front of the school, closest to the Athletics door. Walk through the Athletics entrance to admissions. Follow the signs inside the school.

ACCOMODATIONS

Courtyard by Marriott
2160 Motel Drive
Bethlehem, PA 18018
610-317-6200

Residence Inn
2180 Motel Drive
Bethlehem, PA 18018
610-317-2662

Fairfield Inn
2140 Motel Drive
Bethlehem, PA 18018
610-867-8681

**CANCELLATION
DUE TO BAD
WEATHER**

In case of delays or cancellation due to bad weather, check the PAAC website
www.paacswim.com or call the PAAC office at 484-397-4092

PAAC Splash 12 & Under plus Mini Invitational Swim Meet

Sunday Morning - February 15, 2009 9:00AM (Warm up 8:00AM)

GIRLS NUMBER	EVENT			BOYS NUMBER
1	11 & 12	200 YARD	FREE	2
3	11 & 12	100 YARD	INDIVIDUAL MEDLEY	4
5	11 & 12	50 YARD	BACK	6
7	11 & 12	200 YARD	BACK	8
9	11 & 12	100 YARD	BREAST	10
11	11 & 12	100 YARD	FLY	12
13	11 & 12	50 YARD	FREESTYLE	14
15	11 & 12	200 YARD	BREAST	16
17	11 & 12	200 YARD	FLY	18
19	11 & 12	100 YARD	BACK	20
21	11 & 12	50 YARD	BREAST	22
23	11 & 12	50 YARD	FLY	24
25	11 & 12	100 YARD	FREESTYLE	26
27	11 & 12	200 YARD	INDIVIDUAL MEDLEY	28

Sunday MID - February 15, 2009 1:30PM (Warm up 1:00PM)

GIRLS NUMBER	EVENT			BOYS NUMBER
29	8 & UNDER	100 YARD	INDIVIDUAL MEDLEY	30
31	8 & UNDER	25 YARD	BREAST	32
33	8 & UNDER	50 YARD	BACK	34
35	8 & UNDER	25 YARD	FLY	36
37	8 & UNDER	50 YARD	FREE	38
39	8 & UNDER	200 YARD	FREE	40
41	8 & UNDER	100 YARD	FREESTYLE	42
43	8 & UNDER	25 YARD	BACK	44
45	8 & UNDER	50 YARD	BREAST	46
47	8 & UNDER	25 YARD	FREE	48
49	8 & UNDER	50 YARD	FLY	50
51	8 & UNDER	200 YARD	INDIVIDUAL MEDLEY	52

Sunday Afternoon - February 15, 2009 4:00PM (Warm-up 3:30PM)

GIRLS NUMBER	EVENT			BOYS NUMBER
53	9 & 10	200 YARD	FREESTYLE	54
55	9 & 10	100 YARD	INDIVIDUAL MEDLEY	56
57	9 & 10	50 YARD	BACK	58
59	9 & 10	200 YARD	BACK	60
61	9 & 10	100 YARD	BREAST	62
63	9 & 10	100 YARD	FLY	64
65	9 & 10	50 YARD	FREESTYLE	66
67	9 & 10	200 YARD	BREAST	68
69	9 & 10	200 YARD	FLY	70
71	9 & 10	100 YARD	BACK	72
73	9 & 10	50 YARD	BREAST	74
75	9 & 10	50 YARD	FLY	76
77	9 & 10	100 YARD	FREESTYLE	78
79	9 & 10	200 YARD	INDIVIDUAL MEDLEY	80

Swim Meet Summary Form

Team Name: _____ **Team Code:** _____

Head Coach: _____

Team Contact: _____ **Phone Number:** _____

Team E-Mail Address: _____

Team Mailing Address: _____

City: _____

State: _____ **ZIP:** _____

Mail Entries: Parkland Aquatic Club (PAAC) 484-397-4092
 # 1 Tekpark / Suite 120
 9999 Hamilton Boulevard
 Breinigsville, PA 18031 paacmeetdirector@hotmail.com

Teams using Hy-Tek's Team Manager are asked to submit an entry file on a CD or via e-mail along with a Team Manager report of meet entries:

Entry Deadline: Received by 6:00 p.m. January 30, 2009.
Please make checks payable to: PAAC

Entries Summary

	Number of Entries	Cost per Entry	Amount
Individual Entries		\$4.00	
Relay Entries		\$8.00	
Surcharge*	-----	\$2.00	
		TOTAL	

* There is a \$2.00 per swimmer surcharge for submission of 5 or more swimmers on a manual entry.

I ATTEST THAT THE ENTERED ATHLETES ARE PROPERLY REGISTERED WITH USA SWIMMING AND THAT THEY HAVE ACHIEVED THE SEED TIMES RECORDED.

 Signature of head coach or authorized team representative

This form must accompany the official entry blanks.

PAAC Individual Entry Form

Team Code: _____

Team Name: _____

Sunday

Swimmers Name	DOB	USS ID	Event/Time	Event/Time	Event/Time	Event/Time	Event/Time

Individual Events _____ @ \$4.00= _____ = \$ _____