

MIDDLE SCHOOL/JUNIOR HIGH SWIMMING CHAMPIONSHIP MEET

SPONSORED BY THE NORTHAMPTON SWIM BOOSTERS

SATURDAY MAY 5th, 2007

WARM-UPS: 9 AM

MEET: 10 AM

WHERE: NORTHAMPTON MIDDLE SCHOOL POOL – a 6 lane 25 yard pool with non-turbulent lane lines and automatic timing

ELIGIBILITY: Open to swimmers in 5th, 6th, 7th, and 8th graders in the PIAA District XI area. Swimmers may compete in two individual events and two relays, or one individual event and three relays.

ENTRY FEES AND DEADLINE FOR ENTRIES: \$3.00 per INDIVIDUAL EVENT – RELAYS are FREE.

Individuals may send their entries on a 3x5 index card. Each index card should include the swimmer's name, age, grade, and school, up to two individual events with entry times if possible and a home phone number. Entries using Hytek Software are greatly appreciated. A check (made payable to NSBC) to cover the individual events must accompany the 3x5 index card. All entries must be postmarked by April 2007. Mail entries and fees to:

NSBC/CHAMPIONSHIP MEET

P.O. BOX 239

NORTHAMPTON, PA 18067

Each school may have one relay team entered in each relay event. Relays may be sent by the April 30th postmark deadline or relays may be entered the day of the meet from participants at the meet.

AWARDS: INDIVIDUAL EVENTS: Medals for overall 1st, 2nd, and 3rd.
Ribbons for 1st through 6th in each grade level.
RELAYS: Medals for 1st, 2nd, and 3rd teams.

EVENTS TO BE CONTESTED: ALL EVENTS ARE CO-ED!

EVENT ONE: 200 MEDLEY RELAY
EVENT TWO: 200 FREESTYLE
EVENT THREE: 100 INDIVIDUAL MEDLEY
EVENT FOUR: 50 FREESTYLE
EVENT FIVE: 50 BUTTERFLY
EVENT SIX: 100 FREESTYLE
EVENT SEVEN: 200 FREESTYLE RELAY
EVENT EIGHT: 100 BACKSTROKE
EVENT NINE: 100 BREASTSTROKE
EVENT TEN: 400 FREESTYLE RELAY

DIRECTIONS TO POOL: From the intersection of Route 22 and Route 145 (Mac Arthur Road) travel it north to Route 329. Turn right onto Route 329 and follow it to the 3rd traffic light. Turn right onto Laubach Avenue, Northampton High School will be on the left. Turn into the school and bear to the right until you reach the back of the Junior High School. The pool parking lot is located between the stadium and the school. The entrance to the pool has four glass doors.

TEAM SCORING AS OUTLINED BY THE NATIONAL FEDERATION RULEBOOK WILL BE USED TO DETERMINE THE CHAMPIONSHIP TEAM AND RUNNER-UP TEAM!

MEET ENTRIES WILL BE LIMITED TO 150 INDIVIDUALS!! MAIL EARLY!

Admission: \$2.00/Spectator Programs: \$1.00 Snack bar will be open throughout the meet.