

<u>Name of Meet</u>	<b>Groundhog Classic Sunday, February 3, 2008 Blair Academy, Blairstown Hosted by Jersey Gators Swim Team</b>
<u>Meet Sanction #:</u>	New Jersey Swimming Sanction #: NJS020308SC
<u>Date of Meet:</u>	<b>Sunday, February 3, 2008</b>
<u>Facilities:</u>	Blair Academy Wallace pool is a six (6) lane pool with Colorado Timing System, digital scoreboard, computer support and gallery seating for spectators. The gymnasium also is available for seating.
<u>Meet Director:</u>	<b><u>Meet Director:</u></b> Ed Dellert 520 Upper Highland Lakes Drive Highland Lakes, NJ 07422 973-764-5252 <a href="mailto:edellert@warwick.net">edellert@warwick.net</a>
<u>Meet Referee:</u>	Lisa Menio, 973-764-5252
<u>Host Team Contact:</u>	Ed Dellert, 973-764-5252 <a href="mailto:edellert@warwick.net">edellert@warwick.net</a>
<u>Meet Marshal:</u>	Aileen Donnelly, 973.764.5252
<u>Entry Deadline:</u>	Entry disk, SDIF file printout, meet waiver form, meet summary, and fees must be received no later than 6pm on <b>Friday, January 25, 2008.</b> <b><u>Send entries and fees to:</u></b>  Ed Dellert 520 Upper Highland Lakes Drive Highland Lakes, NJ 07422 973-764-5252 <a href="mailto:edellert@warwick.net">edellert@warwick.net</a>  <b>Please note that the e-mail entry does NOT take the place of a disk entry. A disk entry and accompanying documents (including check) MUST be received prior to the entry being processed.</b>
<u>Entries:</u>	<ul style="list-style-type: none"> <li>• <b>All entries</b> must be made using HY-tek software on a new (clean) 3.5" disk. "NO TIMES" or "NT" are not permitted. "UN" is the designation for an unattached swimmer. All Unattached swimmers must be listed on the back of the summary page.</li> <li>• The <u>Summary Sheet</u>, <u>Waiver</u>, and <u>Meet Verification Form</u> must be included with each team entry. Heat sheets will be prepared by computer during the course of the meet.</li> <li>• In the interest of the four hour rule, the host reserves the right to limit the number of entries. Coaches will be notified if swimmers or teams cannot be entered. <b><i>No deck entries will be accepted.</i></b> Hy-Tek file name is <b><i>Groundhog08.</i></b> <b><u>QUESTIONS?</u></b> Call Ed Dellert at 973.764.5252.</li> <li>• The meet entry coordinator will respond to e-mails entries within 48 hours. If you do not receive an e-mail response within 48 hours, assume that your email has not been received. It then becomes the e-mailer's responsibility to make sure that the host club's meet entry coordinator receives the e-mail. If you do not receive an e-mail response, you must contact the entry coordinator by email or phone or mail in your entries.</li> </ul>
<b><u>*Meet Format Waiver:</u></b>	The host club has the right to change the format of the meet with the approval of the sanctioning chairman and age group or senior chairman. These changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for these changes would be: <ul style="list-style-type: none"> <li>• To allow more swimmers to swim.</li> <li>• To conform to facility capacity limits or for facility safety concerns.</li> </ul>

	<ul style="list-style-type: none"> <li>To condense the meet into smaller time frame.</li> </ul> <p>Some of the changes that can be made: 1) add a session, 2) heat limit distance events, 3) to condense sessions and 4) eliminate relays.</p>
<u>Pre-meet info:</u>	<ul style="list-style-type: none"> <li>Meet Information, HYV File, any updates, timing assignments, warmup assignments, results, C-File results and any updates will be posted at <a href="http://www.njswim.org">www.njswim.org</a>.</li> <li>All teams will receive via e-mail information concerning any changes of split warm-ups and lane assignments of timers. All clubs with entries will be required to assist the timing in each lane. This will be divided up evenly between all the teams.</li> <li>The Jersey Gators will provide one timer per lane.</li> </ul>
<u>*Meet Requirement Statement:</u>	<ul style="list-style-type: none"> <li>This meet qualifies as "one" of the three required short course meets to be eligible for the New Jersey SC Zone Championship Team or for New Jersey National Championship Reimbursement.</li> </ul>
<u>*Coaches Eligibility:</u>	<ul style="list-style-type: none"> <li>All coaches "on the deck" must be members of USA Swimming.</li> <li>All coaches must have coaching cards visible at all times.</li> </ul>
<u>Swimmer Eligibility:</u>	<ul style="list-style-type: none"> <li>This is a deck seeded time-final meet. Each event will be seeded separately. All swimmers must be members of USA-Swimming. Swimmer's age as of the first day of the meet determines swimmer's age for the entire meet: Feb 3, 2008. "NO TIMES" or "NT" are not permitted. All swimmers may enter a maximum of three events per day.</li> <li>All transfer swimmer(s) must swim unattached for 120 days from their last attached competition. Swimmers must use an UN- (New Team Alpha Code) as their team affiliation. All Unattached swimmers must be listed on the team's official waiver entry form.</li> <li>There will be 7 &amp; Under, 8 &amp; Under, 10 &amp; Under, 11-12, 13 &amp; 14 and 15 &amp; Older Events</li> <li>There are no time standards for 7 &amp; U &amp; 8 &amp; U</li> <li>All 10 &amp; U and 11-12 swimmers must have times slower than the current New Jersey Gold Time Standards</li> <li>All 13 &amp; Older Swimmers must have times slower than the current 13 &amp; 14 New Jersey Gold Time Standards</li> <li>All 500 Free Swimmers must have times slower than meet information time standards.</li> <li><b><i>The 11 &amp; 12 200 Free and 13-14 500 free will be limited to a maximum of 6 heats (total women and men).</i></b> Swimmers that do not make the top 6 heats of the 500 Free will have their entries refunded. New Jersey Swimming requires that all clubs be e-mailed the Psyche sheet for the 500 Freestyle events. Psyche sheet for the 500 Freestyle event will be posted on the website of: <a href="http://www.njswim.com">www.njswim.com</a> 72 hours prior to the meet start, and each team will be emailed.</li> <li><b>Swimmers in the 500 MUST supply their own counters and timers.</b></li> </ul>
<u>*Meet Format:</u>	<ul style="list-style-type: none"> <li>This meet will be run in accordance to current USA Swimming Rules.</li> <li>This meet will be run as a time final meet.</li> <li>11 &amp; Over sessions will be deck seeded with coaches checking in/scratching all swimmers. When the seeding has been posted, swimmers will report to the blocks on their own.</li> <li>10 &amp; Under Sessions will be deck seeded with coaches checking in/scratching all swimmers. Swimmers will report to the marshalling area for organizing heats and lanes and escorted to the pool.</li> </ul>
<u>Heat Limited Events:</u>	<ul style="list-style-type: none"> <li>The 11 &amp; 12 200 Free and 13-14 500 free will be limited to a maximum of 6 heats (3 women, 3 men, or combination thereof). The fastest three entered heats will swim in the meet. Swimmers in the 500 MUST supply their own counters and timers. The event will be swum alternating women &amp; men, fastest to slowest, combining heats if needed.</li> <li>Refunds will be mailed to the clubs with swimmers that did not swim and were below the heat limit number. These refunds will include the names of the swimmers and the events that they were cut from. Refunds will be mailed within one week of the conclusion of the meet.</li> </ul>

**Schedule:**

Session		Sun Feb 3, 2008
#1	7 & Under, 8 & Under, 10 & Under Girls and Boys	7 am warmup, 8 am start
#2	11-12 Girls and Boys	immediately following session #1 (approx 11 am)
#3	13 & Over Girls and Boys	immediately following session #2 (approx 3:15 pm)

**Teams will be notified by email & times to be posted on [www.njswim.org](http://www.njswim.org) at least 72 hours prior to the start of the meet as to the warm-up & start times of Session #2 & Session #3**

<u>Warm-up Procedure:</u>	Warm-ups will be run in accordance with New Jersey Swimming Warm-Ups and Safety Guidelines procedures. Warmups will be organized by team. Teams will be notified of warmup sessions via e-mail and posting at <a href="http://www.njswim.org">www.njswim.org</a> at least 72 hours prior to the start of the meet.  All swimmers must enter the pool from the designated side of the pool. Uniformed and designated meet marshals will monitor warmups.
<u>Starts:</u>	All events will be run in compliance with NJ Swimming starting procedures. Over the head starts may be used.
<u>Check-In:</u>	Positive check-in with coach is required 30 minutes prior to the start of each session or the swimmer will be scratched from the meet. There will be no exception to this policy.
<u>Awards:</u>	Medals will be awarded to the top three finishers in all events.
<u>Entry Fees:</u>	\$3.00 per event for each swimmer. Make checks payable to: <i>Jersey Gators</i> .
<u>Admissions and Programs:</u>	Admission at the door is \$3.00 for adults, children are admitted free. Doors will not open until 6:45am on Sunday. Programs are available for purchase at \$3.00 per session.
<u>Results:</u>	Final results will be mailed or e-mailed to participating clubs. Individual results will be sent at a cost of \$10.
<u>Concessions:</u>	Food and drink will be sold throughout the meet.
<u>Vendor:</u>	A vendor will be at the meet selling swimming related items.
<u>Hospitality:</u>	Officials and coaches will be given coupons for drinks and a sandwich or bagel. The coach's coupon will be available when picking up the team's meet packet. Coaches must present credentials.
<u>*Host Club Responsibilities:</u>	The host club responsibilities: <ul style="list-style-type: none"> <li>• The host club will provide a single timer in each lane through out the meet.</li> <li>• The host club will have stopwatches available for volunteers helping to time.</li> <li>• The host club will e-mail all club entries back to the participating clubs.</li> <li>• The host club will create a warm-up schedule that will be fair and equal to all teams. This warm-up schedule will be e-mailed to all participating clubs no later than 72 hours before the meet.</li> <li>• The host club will create timing assignments that are fair and equitable with as many teams participating as possible. These timing assignments will be e-mailed to all participating clubs no later than 72 hours before the meet.</li> </ul>
<u>*Participating Club Responsibilities:</u>	Participating Clubs responsibilities: <ul style="list-style-type: none"> <li>• Participating clubs must help with timing assignments. Timing assignments will be e-mailed to participating clubs 72-hours prior to the meet.</li> </ul>

	<ul style="list-style-type: none"> <li>• Participating club parents must stay off the pool deck except for timing assignments.</li> <li>• Participating clubs should help with officiating whenever possible. List the club contact for club officials on the meet summary.</li> </ul>
<u>Directions:</u>	<p>The Blair Academy pool is located off Route 94 in Blairstown, N J.</p> <p>Traveling west on Route 80, take exit 12 (Hope/Blairstown), bear right at the end of ramp (toward Blairstown); continue across narrow bridge to route 94 (about 6 miles). Turn left onto Route 94, continue to third gas station on the left (approximately one-half mile) and turn right at Blair Academy sign. Continue to main entrance. Continue to the second left, turn left; follow road to pool area on the right. <b><i>Blair security will direct you to parking areas since there is a new building under construction.</i></b></p>

<u>Hotels:</u>	<p>Ramada Inn - Delaware Water Gap 101 Broad Street Delaware Water Gap, PA (9.6 miles) 570-476-0000</p> <p>Econo Lodge in Newton 448 Route 206 South Newton, NJ (10.2 miles) 908-383-3922</p>	<p>The Inn at Panther Valley 1627 County Road 517 Hackettstown, NJ (8.8 miles) 908-852-6000</p> <p>Day Stop Columbia 2 Simpson Road Columbia, NJ (8.0 miles) 973-383-3922</p>
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**Groundhog Classic**  
**February 3, 2008**

Team: \_\_\_\_\_ USA-Swimming Code: \_\_\_\_\_

Name(s) of coaches \_\_\_\_\_  
\_\_\_\_\_

If you wish to receive results via e-mail, please write e-mail address here: \_\_\_\_\_  
Club mailing address: (to mail final results, if not picking up disk or receiving by e-mail)

Contact Person regarding these Entries: \_\_\_\_\_

Phone No. \_\_\_\_\_

**E-MAIL ADDRESS (REQ'D)** \_\_\_\_\_

Contact person (not a coach) Regarding Timers & Officials: \_\_\_\_\_

Phone No. \_\_\_\_\_

**Entry Fee Summary:**

Number of Individual Entries: \_\_\_\_\_ x \$3.00 = \$ \_\_\_\_\_

Total Entries & Fees \_\_\_\_\_

Make check payable to: **Jersey Gators**

Waiver

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA-Swimming, NJ Swimming, Blair Academy, Jersey Gators Swim Team and the Sussex-Warren Aquatic Club, Inc. and their staff(s) for any injury and/or expenses incurred by me/us at the swim meet, or while on the road to and from the meet. I/we am/are a bone-fide amateur athlete(s), USA-Swimming and New Jersey Swimming registered, and eligible to compete for all of the events I/we have entered.

**Meet Verification:** I hereby certify that all swimmers and coaches listed on the Entry Summary or on disk entry for Groundhog Invitational to be held on February 3, 2008 are registered members of New Jersey Swimming and USA-Swimming, all USA-Swimming numbers are correctly listed and, unless otherwise noted, are not required to swim unattached (UN) due to the 120 day transfer. Also I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

Article 302.4 of the USA-Swimming Rules and Regulations. **FALSE REGISTRATION:** An LSC may impose a fine of up to \$100 per event against a member coach or a member club's representative signing a document which indicates a swimmer is registered with USA-Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC and the LSC will be entitled to the fines imposed.

Signature of Coach, Club Official, Parent/Guardian \_\_\_\_\_

Printed Name \_\_\_\_\_

# Groundhog Classic

February 3, 2008

## Session 1 Warm-up 7am; Start 8:15am

<b>Girls</b>	<b>Slower than</b>	<b>Event Name</b>	<b>Slower than</b>	<b>Boys</b>
1		8 & Under 100 IM		2
3	1:22.69	9-10 100 IM	1:23.19	4
5		7 & Under 25 Breaststroke		6
7	1:35.69	10 & Under 100 Breaststroke	1:37.89	8
9		7 & Under 25 Butterfly		10
11	37.49	10 & Under 50 Butterfly	38.39	12
13		7 & Under 25 Freestyle		14
15	32.29	10 & Under 50 Freestyle	32.59	16
17		7 & Under 25 Backstroke		18
19	38.39	10 & Under 50 Backstroke	38.79	20

## Session 2 Warm-up 11:00; Start 12:00noon (Approx)

<b>Girls</b>	<b>Slower than</b>	<b>Event Name</b>	<b>Slower than</b>	<b>Boys</b>
21	1:11.99	11-12 100 IM	1:13.19	22
23	32.29	11-12 50 Butterfly	32.69	24
25	1:12.29	11-12 100 Backstroke	1:13.19	26
27	28.69	11-12 50 Freestyle	28.79	28
29	2:57.99	11-12 200 Breaststroke	3:06.09	30
31	2:46.99	11-12 200 Butterfly	2:46.99	32
33	33.59	11-12 50 Backstroke	34.19	34
35	1:02.49	11-12 100 Freestyle	1:02.89	36
37	37.59	11-12 50 Breaststroke	38.49	38
39	2:17.49	11-12 200 Freestyle*	2:17.59	40

\* limited events

## Session 3 Warm-up 3:15pm; Start 4:15 pm (Approx)

<b>Girls</b>	<b>Slower than</b>	<b>Event Name</b>	<b>Slower than</b>	<b>Boys</b>
41	2:23.29	13-14 200 IM	2:19.79	42
43	2:20.59	15-OVER 200 Butterfly	2:12.49	44
45	2:44.49	13-14 200 Breaststroke	2:38.39	46
47	25.59	15-OVER 50 Freestyle	23.09	48
49	1:06.39	13-14 100 Butterfly	1:04.39	50
51	2:17.39	15-OVER 200 Backstroke	2:07.59	52
53	26.69	13-14 50 Freestyle	25.19	54
55	1:12.49	15-OVER 100 Breaststroke	1:06.19	56
57	1:06.89	13-14 100 Backstroke	1:04.89	58
59	55.59	15-OVER 100 Freestyle	50.39	60
61	5:37.59	13-14 500 Freestyle*	5:32.19	62

\* limited events