



Wilkes-Barre Family YMCA
35th ANNUAL SWIM YOUR OWN AGE & 13-19
ST. PATRICK'S MEET
Sunday, February 21, 2010
Wilkes-Barre, Pa.

WARM UP:

6, 7, 8, and 9 year olds - 9:00-10:00A.M.
Meet starts 10:00 A.M.
10, 11, 12 year olds & 13-19 -1:00 – 2:00 P.M.
Meet starts 2:00 P.M.
Doors open at 8:40AM

RULES:

The Current USA stroke & turn rules.
Timed finals.

ENTRIES:

Swimmers may enter a maximum of 5 individual events. Individual entries must be submitted on the form below, NT may be used if no time is available. Teams may enter using Hy-Tek Team Manager, please send a disk with a hard copy backup, along with entry fees. One relay event per swimmer.

ENTRY FEES:

\$4.00 per event. Make checks payable:
"Wilkes-Barre YMCA Swim Team"
No charge for Relay

FACILITIES:

Six lane 25 yard pool, with anti turbulent lane markers. Colorado Timing System.

AWARDS:

1st-3rd Rosettes (Individual)
4th-12th place ribbons-AM Session (Individual)
High Point Male/Female each age
4th-8th place ribbons-PM Session (Individual)
No Awards for Relays
Heat Winner Ribbon (AM Session)

MEET DIRECTOR:

Tammy Lalli
tammy.lalli@wbymca.org
(570) 823-2191 ext. 151

ENTRIES CLOSE:

All entries must be received by Monday, February 15, 2010. **NO PHONE OR FAX ENTRIES.** Meet director reserves the right to limit entries in order to complete the meet in a timely and safe manner.

ELIGIBILITY:

The age of the swimmer, on the day of meet, will determine the age he/she may enter.

OTHER:

There will be a limited variety of swim apparel
Concession stand will be available throughout the meet. Having the luck of the Irish is optional.

MAIL ENTRIES TO:

Wilkes-Barre Family YMCA/St. Pat's Meet
40 W. Northampton St.
Wilkes-Barre, PA 18701

HOTEL ACCOMODATIONS:

Econo Lodge (570) 823-0600
Ramada Plaza (570) 824-7100

ADMISSION

Adult - \$2.00
Children under 12 and all swimmers are free.
Programs - \$3.00

35th Annual ST. PAT'S MEET-Sunday, February 21, 2010

MORNING SESSION WARM-UP 9:00-10:00 A.M.
MEET START 10:00A.M.
BOYS & GIRLS - 6, 7, 8 AND 9 YEAR OLDS

<u>EVENT</u>	<u>AGE GROUP</u>	<u>GIRLS</u>	<u>BOYS</u>
25 FREE	6 & UNDER	1	2
25 FREE	7	3	4
25 FREE	8	5	6
25 FREE	9	7	8
25 BACK	6 & UNDER	9	10
25 BACK	7	11	12
25 BACK	8	13	14
50 BACK	9	15	16
100 I.M.	6 & UNDER	17	18
100 I.M.	7	19	20
100 I.M.	8	21	22
100 I.M.	9	23	24
25 FLY	6 & UNDER	25	26
25 FLY	7	27	28
25 FLY	8	29	30
50 FLY	9	31	32
25 BREAST	6 & UNDER	33	34
25 BREAST	7	35	36
25 BREAST	8	37	38
50 BREAST	9	39	40
50 FREE	6 & UNDER	41	42
50 FREE	7	43	44
50 FREE	8	45	46
50 FREE	9	47	48

AFTERNOON SESSION WARM-UP 1:00-2:00 P.M.
MEET START 2:00 P.M.
BOYS & GIRLS-10, 11 AND 12 YEAR OLDS & 13-19

<u>EVENT</u>	<u>AGE GROUP</u>	<u>GIRLS</u>	<u>BOYS</u>
50 FREE	10	49	50
50 FREE	11	51	52
50 FREE	12	53	54
50 FREE	13-19	55	56
50 BACK	10	57	58
50 BACK	11	59	60
50 BACK	12	61	62
100 BACK	13-19	63	64
100 I.M.	10	65	66
100 I.M.	11	67	68
100 I.M.	12	69	70
200 I.M.	13-19	71	72
50 FLY	10	73	74
50 FLY	11	75	76
50 FLY	12	77	78
100 FLY	13-19	79	80
50 BREAST	10	81	82
50 BREAST	11	83	84
50 BREAST	12	85	86
100 BREAST	13-19	87	88
100 FREE	10	89	90
100 FREE	11	91	92
100 FREE	12	93	94
200 FREE	13-19	95	96
200 Free Relay	MIXED		97
400 Free Relay	MIXED		98

DIRECTIONS:

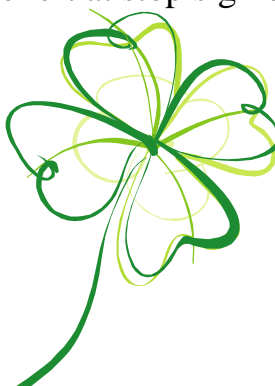
W-B YMCA is on the corner of W. Northampton St. and S. Franklin Streets in downtown Wilkes-Barre. The entrance way is on S. Franklin side of the building. There are two Park and Lock lots available (one on W. Northampton St. and one on E. Northampton St.).

From the PA Turnpike:

Take Exit 36 (Bear Creek) to Route 115 North to Exit 3 (River Street). Turn Left onto River Street, proceed approximately 1.8 miles, turn left onto W. Northampton. YMCA is on the right.

From Interstate 81:

Take Exit 165 to 309 (Business) North. Pass the K-Mart and then take your first right (approx. 0.3 miles past K-Mart). Take left at stop sign onto E. Northampton. YMCA is approximately 1.3 miles on your left.



INDIVIDUAL ENTRY FORM -ST. PAT'S MEET

In consideration of your acceptance of this entry, I hereby for myself, my heirs and assignees waive any and all claims for damages which I might have against Wilkes-Barre Family YMCA or their agents or representatives for any and all injuries suffered by me in or at said meet.

Signature: _____ Date: _____
Parent or Guardian

Swimmer's name: _____

Swim Club: _____

Date of birth: _____ Current age (as of 2/21/10): _____

Address: _____
Street City State Zip

Telephone: _____ Email: _____ Age group: _____ Sex: _____
(B/G)



Event #	Event Name	Seed Time*
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Number of events entered _____ @ \$4.00 each=\$_____ (Payable to: WB YMCA)

- **Times must be in yards (not meters) to 1/100 of a second**

In order to successfully run a meet of this size, the Wilkes-Barre Family YMCA Dolphins Swim Team needs extra officials. If you can help out, please indicate below. **THANK YOU!!!**

I would like to help out during the meet. I can help out with the following jobs:

_____ Stroke and turn _____ Timer

Name: _____ Telephone: _____ Email: _____

ENTRIES MUST BE RECEIVED BY FEBRUARY 15, 2010

Mail to: Wilkes-Barre Family YMCA, 40 W. Northampton Street, Wilkes-Barre, PA 18701
 Attn: ST. PATRICK'S MEET