

Boys B Division Championship
Hosted by
Lionville Community YMCA
Sunday, February 11, 2007

LOCATION:	<p>Lionville Community YMCA 100 Devon Drive Exton, PA. 19341</p> <p>The following phone number is available for emergency use during the meet. Host Phone#: 610-363-9622</p>
FACILITY:	<p>This meet will be run in a 6 lane, 25-yard indoor pool with fully automatic timing (Semi-automatic timing for 25's). The starting end has a depth of 12 feet. The facility is equipped with Competitor non-turbulent lane lines, Colorado Time Systems' System 5 Sports Timer with Infinity Start System, AquaGrip touch pads and 6-line Series 4009 Multi-Sport Scoreboard.</p> <p>Seating for swimmers is in a gymnasium and balcony seating is available for spectators. Due to the limited seating space we ask that only the adults assigned to marshalling the team sit in the gymnasium.</p> <p>Free parking is available adjacent to the YMCA at Downingtown East High School. No Smoking is allowed during any Penn-Del League Championship Meet.</p>
MEET DIRECTOR:	Laura Rauth, (610)-942-4669, ljrauth@aol.com
START TIMES:	<p>Warm-up: 7:00 AM; 12:30 PM (Times will be confirmed 1 Week Prior)</p> <p>Meet Start: 8:30 AM; 2:00 PM</p> <p>Scratch Meeting: 7:30 AM; 1:00 PM</p>
WARM-UP:	<p>The warm-up sessions will be divided into periods of equal length depending on the number of swimmers entered. Warm-up schedules will be posted on the Penn-Del web site Monday prior to the meet and will be made available to the coaches at the meet. Warm-up times may need to be adjusted based on actual attendance.</p> <p>Sprint/Start lanes will be available at the end of each warm-up session. No diving or backstroke starts will be permitted except in sprint lanes, when designated.</p> <p>The referee may remove anyone from the warm-up for failure to comply with warm-up rules.</p>
RULES:	<p>This meet will be run according to USA Swimming and Penn-Del Swim League rules and regulations.</p> <p>All events are Pre-Seeded, Timed Finals. Coaches should attend the coaches meeting.</p>
ENTRIES:	Swimmers may enter up to three (3) individual events and two (2) relays for a maximum of five (5) events.
T-SHIRTS:	<p>T-Shirts Can be pre-ordered at a cost of \$15.00 per shirt. <u>T-Shirt orders are due by 6:00 PM Friday, January 26th, 2007.</u> T-Shirts may be ordered on-line at http://www.lcyswim.org. T-shirt design will be available Monday, January 8th, 2007.</p>
SPONSORSHIP:	<p>Event messages/sponsorship will be available to family and friends for \$5.00 an event. 17 events will be assigned to each team. <u>Messages/sponsorships are due by 6:00 PM Friday, January 26th, 2007.</u></p>
AWARDS:	<p>Medals are awarded for 1st - 6th place in individual events and 1st - 3rd place in relays. Ribbons are awarded for 7th - 12th place in individual events and 4th - 6th place in relays. League Record Holder patches will be given to any swimmer breaking a Championship Record.</p> <p>A High Point Trophy will be awarded to the Team finishing in First Place.</p>
ACCESS:	Deck Access will be limited to swimmers, coaches, officials, and meet workers.
SPECTATORS:	Admission is \$2.00. Programs are available for \$3.00. Balcony seating is available for up to 125 spectators. No swimmers are allowed in the Balcony area for safety reasons.
REFRESHMENTS:	Food and Drinks will be on sale throughout the meet. NO FOOD will be allowed on the pool deck or in the balcony. There will also be a swim shop on-site during the meet.
ELIGIBILITY:	<p>This meet is open to any swimmer that is currently on their Teams active roster and has swum in at least two (2) league dual meets. Swimmers will compete in age groups based on their age as of <u>December 1st, 2006</u> as rostered for the dual meet season. Swimmers must compete in their own age group, except for the Open 500 Freestyle and the Open Age Group Relays.</p>

HOW TO ENTER	<p>All Events are Pre-Seeded, Timed Final events.</p> <p>Entries should be submitted in the course in which they were achieved. The host team will convert all times to yards for seeding. All times submitted must be the swimmer's best time. Entries must be submitted using HY-TEK software format. They can be submitted either via email or on a disk.</p> <p>A completed Meet Summary Sheet, a hard copy printout listing each swimmer alphabetically, with each swimmer's events and entry times and the Meet Volunteer Sign-Up sheet, <u>must</u> accompany the entry fees. A HY-TEK Entry Import file is available on the Penn-Del web site.</p> <p>An "Internal Entry Form" is provided for you to collect entry information from your swimmers.</p>
ENTRY FEES:	<p>Entry fees are \$2.50 per event for individual events and \$10.00 for relays.</p> <p>Please send one check per club, payable to: <u>LCY Swim Team Parents Association</u>. Entries will NOT be accepted without full payment.</p>
SEND TO:	<p>Email entries to, ljrauth@aol.com and copy vickie.hewitt@bentley.com (League scorer)</p> <p>Mail checks and summary forms to: Lionville Community YMCA Attention: Dave Williams 100 Devon Drive Exton, PA. 19341</p>
ENTRY DEADLINE	<ol style="list-style-type: none"> 1. Electronic or Disk Team entries must be received Thursday, Feb. 1st, 2007. 2. Meet paperwork must be received by Thursday, Feb. 1st, 2007. 3. Email confirmations will be sent for receipt of your entries. Entry lists will be sent via email Sunday, Feb. 4th, 2007. Coaches are responsible for checking the accuracy of the entries. Corrections must be received by Tuesday, Feb. 6th, 2007.
DECK ENTRIES:	No Deck Entries are permitted.
EMAIL LIST	Be sure and include your email address on the Meet Summary Sheet. An E-Mail list will be created to ensure that you get any updates, corrections, changes, or announcements that might occur prior to the meet start date. Entries for verification will be emailed to this address.
WEB SITE:	For more information, please visit the Penn-Del Swimming web site at: http://www.pennfelswim.org/champ.htm
VOLUNTEERS:	A minimum of three (3) timers and one (1) official must be provided from each team per session. Additional volunteers are welcome. We will have a hospitality room to provide refreshments for all volunteers during the meet. Volunteers and officials will also receive free admission and a heat sheet.
SAFETY:	Safety Marshals will be posted at different locations through out the meet area. First Aid will be located on the pool deck in the Aquatic Office. Swimmers are requested to wear sandals and towel off before traveling the corridors. No swimmers will be served in the concession area unless they are wearing a T-shirt, shorts and footwear.

**Due to the use of the electronic starting system,
spectators must refrain from using flash
cameras at the start of each race!**

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Order of Events

Session: 1 Boys B - 8 & UNDER & 9-10

Day of Meet: 1 Starts at 8:30 AM

Event #	Event Name
1	Boys 9-10 200 Medley Relay
2	Boys 8 & Under 100 Medley Relay
3	Boys 9-10 50 Freestyle
4	Boys 8 & Under 25 Freestyle
5	Boys 9-10 100 IM
6	Boys 8 & Under 25 Butterfly
7	Boys 9-10 50 Butterfly
Break: 15 Minutes for Awards Presentation	
8	Boys 8 & Under 50 Freestyle
9	Boys 9-10 100 Freestyle
10	Boys 8 & Under 25 Backstroke
11	Boys 9-10 50 Backstroke
12	Boys 8 & Under 25 Breaststroke
13	Boys 9-10 50 Breaststroke
14	Boys 8 & Under 100 Freestyle Relay
15	Boys 9-10 200 Freestyle Relay

Session: 2 Boys B – 11-12, 13-14 & 15-19

Day of Meet: 1 Starts at 2:00 PM

Event #	Event Name
16	Boys 15 -19 400 Medley Relay
17	Boys 13-14 200 Medley Relay
18	Boys 11-12 200 Medley Relay
19	Boys 15 - 19 100 Freestyle
20	Boys 13-14 100 Freestyle
21	Boys 11-12 100 Freestyle
22	Boys 15 & Over 200 IM
23	Boys 13-14 200 IM
24	Boys 11-12 200 IM
25	Boys 15 - 19 100 Butterfly
26	Boys 13-14 100 Butterfly
27	Boys 11-12 50 Butterfly
28	Boys Open 500 Freestyle
Break: 15 Minutes for Awards Presentation	
29	Boys 11-12 50 Freestyle
30	Boys 13-14 50 Freestyle
31	Boys 15 - 19 50 Freestyle
32	Boys 11-12 200 Freestyle
33	Boys 13-14 200 Freestyle
34	Boys 15 - 19 200 Freestyle
35	Boys 11-12 50 Backstroke
36	Boys 13-14 100 Backstroke
37	Boys 15 - 19 100 Backstroke
38	Boys 11-12 50 Breaststroke
39	Boys 13-14 100 Breaststroke
40	Boys 15 - 19 100 Breaststroke
41	Boys 11-12 200 Freestyle Relay
42	Boys 13-14 200 Freestyle Relay
43	Boys 15 - 19 400 Freestyle Relay

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Volunteer Summary Sheet

It is a league requirement that each participating team furnish a number of their **most qualified** officials to represent them at League Championships. Each team must provide a minimum of three (3) timers and one (1) certified officials for both morning and afternoon sessions. Please consider sending two (2) officials if at all possible.

Stroke/Turn judges must possess certification as defined in the League rules and must be dressed in “whites” with patches. Please have all officials and timers check-in at the hospitality room upon arrival at the meet.

Submit this form along with your team entries.

Team/Association _____

Morning Session — 10 & under and 8 & under age groups:

★Lane Timer _____ EMail Address: _____

★Lane Timer _____ EMail Address: _____

★Lane Timer _____ EMail Address: _____

Lane Timer _____ EMail Address: _____

★Stroke/Turn _____ EMail Address: _____

Stroke/Turn _____ EMail Address: _____

Stroke/Turn _____ EMail Address: _____

Afternoon Session — 12 & under, 14 & under, and Open age groups:

★Lane Timer _____ EMail Address: _____

★Lane Timer _____ EMail Address: _____

★Lane Timer _____ EMail Address: _____

Lane Timer _____ EMail Address: _____

★Stroke/Turn _____ EMail Address: _____

Stroke/Turn _____ EMail Address: _____

Stroke/Turn _____ EMail Address: _____

★ **This is a required volunteer.**

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Internal Entry Form

Swimmer's Name _____

Please enter me in (Circle no more than three)

8&U	25 Free	25 Fly	50 Free	25 Back	25 Breast			
9-10	50 Free	100 IM	50 Fly	100 Free	50 Back	50 Breast		
11-12	100 Free	200 IM	50 Fly	50 Free	200 Free	50 Back	50 Breast	
13-14	100 Free	200 IM	100 Fly	50 Free	200 Free	100 Back	100 Breast	
15 -19	100 Free	200 IM	100 Fly	500 Free	50 Free	200 Free	100 Back	100 Breast

Individual entries must be submitted no later than _____.
(Insert your team's entry deadline here.)

One check per family payable to: _____.
(Insert your team's check payable information here.)

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Driving Directions

From PA Turnpike:

Exit at #23/Downingtown. Head South on Rte. 100. At the 2nd traffic light, turn right onto Rte. 113. At 4th traffic light, turn left onto Devon Drive. The YMCA is on the right, just past the first stop sign.

From Rte 202 Northbound:

Exit at Rte. 100N/Exton. Follow Rte. 100 North for approximately 4 miles to Rte. 113 and turn left. At the 4th traffic light, turn left onto Devon Drive. The YMCA is on the right, just past the first stop sign.

From Rte. 202 Southbound:

Exit at Rte. 30/Downingtown. Stay on Rte 30 (By-pass) to the Exton Route 100 N Exit. Turn right onto Rte. 100 at the bottom of the exit ramp. Follow Rte. 100 North for approximately 3 miles to Rte. 113 and turn left. At the 4th traffic light, turn left onto Devon Drive. The YMCA is on the right, just past the first stop sign.

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Hotel Information

Hampton Inn Downingtown/Exton

#4 N. Pottstown Pike, Exton, PA 19341

610-363-5555 <http://www.hamptoninnexton.com>

0.8 Miles East of center of 100 Devon Dr.

Hampton Inn Downingtown/Exton is located at the intersection of Routes 100 and 113 and centrally situated between downtown Philadelphia, Reading/Lancaster, the Brandywine Valley, and King of Prussia. Area attractions include two state parks with boating, sailing, and fishing, museums, shopping malls, tours of Amish Country, historical national parks, and Winterthur Museum, 25 miles south west of the hotel. Within 1 mile you can dine at Hoss Steak and Sea House, Red Robin, Lions Share, or American Bar and Grille.

We feature 122 rooms, meeting room for up to 25 people with AV and a heated outdoor pool. Amenities include complimentary continental breakfast, in-room coffee maker, iron and board, free local calls, USA Today, and TV with cable, free HBO and Nintendo. We also offer connecting rooms, cribs, cots, refrigerators and hairdryers (upon request) at no additional charge. Laundry/valet services, meeting/banquet facilities, and audio visual equipment are available for a nominal fee. Amenities include Swimming Pool

ExtendedStay Philadelphia Exton

877 N. Pottstown Pike (Rte. 100), Exton, PA 19341

610-524-7185

<http://www.extendedstayamerica.com/minisite/default.asp?Portal=1&hotelID=804>

0.9 Miles North of center of 100 Devon Dr.

Extended Stay America Philadelphia-Exton is designed specifically for people who need more than just a room while away from home. In addition to the comfortable recliner and large work desk, the oversized studio suites feature a kitchen that allows you to prepare meals at your convenience. As a guest of Extended Stay America, you receive complementary movie channels, free local phone calls, voice-mail, and a two-line phone with a computer dataport. Guests also have access to a 24-hour, coin-operated laundry facility. Weekly housekeeping ensures that you have fresh linens throughout your stay.

Fairfield Inn by Marriott Philadelphia Exton

5 North Pottstown Pike, Exton, PA 19341

800-228-2800 <http://www.fairfieldinn.com>

0.8 Miles East of center of 100 Devon Dr.

Marriott's award winning economy lodging chain features clean, convenient, quality accommodations and the peace of mind you get from Marriott consistency - all for a great value. The Fairfield Inn Philadelphia Exton is located in Chester County twenty-five miles west of downtown Philadelphia and within two miles of Bentley Systems and Viro Pharm. Please click on Area for additional location information and directions to the hotel. Amenities include Swimming Pool

Residence Inn by Marriott Philadelphia Exton

10 North Pottstown Pike, Exton, PA 19341

800-331-3131 <http://www.tharaldson.com>

0.8 Miles East of center of 100 Devon Dr.

Residence Inn by Marriott is designed to make you feel at home for a day, a week, a month or more. Our suites give you fifty percent more space than a traditional hotel room. The Residence Inn Philadelphia Exton is located thirty miles west of downtown Philadelphia and two miles north of Exton Mall.

Studios are large open rooms with one king bed, full bath and furnished living area with dining counter, large work desk and sofa bed. One bedroom suites have a separate bedroom with one queen bed, full bath and furnished living room with dining area and sofa bed. Two bedroom suites have two separate bedrooms with one queen bed each, two full baths and furnished living room with dining area, large work desk and sofa bed. All accommodations have a fully equipped kitchen including coffee maker, cooking and eating utensils, dishes and glassware, dishwasher, microwave and refrigerator with icemaker. Pets are allowed with non-refundable fee of USD 50-200 based on length of stay. / A complimentary hot breakfast buffet is served daily featuring breads and pastries, cereals and hot oatmeal, fruits and juices, hot and cold beverages, scrambled eggs, waffles and yogurt. Amenities include Swimming Pool, Fitness Room

Holiday Inn Express EXTON-LIONVILLE

120 N. POTTSTOWN PIKE, Exton, PA 19341

866-270-5110 <http://www.ichotelsgroup.com/h/d/ex/1/en/hd/EXTEX?&>

1.8 Miles Southeast of center of 100 Devon Dr.

The Holiday Inn Express Exton-Lionville Hotel is conveniently located at business Rte. 30 & Rte. 100 in Exton, Pa., just minutes South of the PA Turnpike Exit 312, between Valley Forge and Lancaster within the Whiteland Towne shopping Center. The Holiday Inn Express Exton-Lionville Hotel features fireside complimentary continental breakfast, free local calls and AAA / AARP discounts. Amenities include Swimming Pool, Fitness Room

INN AT CHESTER SPRINGS HOTEL CONFERENCE CENTER

815 NORTH POTTSTOWN PIKE Exton, PA 19341

610-363-1100 <http://www.innatchestersprings.com>

1.0 Miles Southeast of center of 100 Devon Dr.

The Inn at Chester Springs Hotel Conference Center is located approximately 12 miles from King of Prussia and 35 miles from Philadelphia International Airport. West Chester is approximately six miles away, Valley Forge is 12 miles away, and Kennett Square, Reading, Lancaster, and Wilmington are within 20 miles of the inn. The properties amenities include the indoor and outdoor pools, in-house fitness center, and Arthurs Bar & Grill, serving contemporary American cuisine, with daily specials, prime rib night every Wednesday and Saturday, and a brunch every Sunday. All rooms feature lounge chairs and ottomans, telephones, high-speed Internet access, alarm clocks, hairdryers, and full bathrooms.