



We build strong kids, strong families, strong communities.

Pocono Family YMCA Adult Masters Program
Starts Monday September 27, 2009, until December 17, 2010
Stroudsburg Intermediate School - Tuesday & Thursday (7:30 - 8:30pm)
Pocono Mountain West High School - Monday & Wed (7:30 - 8:30pm)
(Practices are only held when schools are open)

Who: Adults age 19 and up

Fees: \$70.00 - YMCA Full Members
\$90.00 - Non-Members

Registration is required for attendance.
YMCA and USA Swimming memberships are non-refundable. Scholarships are available.

For more info. Go to the Pocono Piranhas Swim Team Web Site http://pfyswim.org

Pocono Family YMCA Adult Masters Program

First Name MI Last Name

Birth Date Sex Phone # Cell #

Emergency Phone Email Address

Address

City State Zip

Brief medical history: (allergies, physical impairments, or any information that may be helpful to the coaching staff)
(MEDICINE NOT GIVEN WITHOUT DOCTORS ORDERS!)

IN CONSIDERATION OF ACCEPTANCE OF MY APPLICATION IN WINTER SWIM TEAM, I INTEND TO BE LEGALLY BOUND, NOT ONLY FOR MYSELF, BUT ALSO FOR MY HEIRS, MY EXECUTORS, AND MY ADMINISTRATIONS. IN SIGNING THIS RELEASE FROM LIABILITY, I WAIVE AND RELEASE EVERYONE CONNECTED WITH THIS COURSE FROM ANY AND ALL LIABILITY WHICH MAY ARISE FROM THIS COURSE.

REFUND POLICY: If YMCA cancels a class or program there will be a 100% cash or program refund. If participant withdraws:
1 month before the start of program 90% cash/ 100% credit, 2 weeks before start of program 75% cash/ 100% credit,
1 week before start of program 60% cash/ 80% credit, The start of the program 50% cash/ 75% credit

SIGNATURE Date

Final Payment Information

Paid by Ck# Cash CC Receipt # Date Mem Exp Date